

651/652 Mental Health and Addictions LET Addendum

Corresponding # on LET	Practice Behavior	Competency
1	Analyze one's own conduct with regard to professional behavior through personal reflection and self-correction as well as engage in continued professional development.	1 (EP 2.1.1)
2	Utilize supervision and consultation; integrating constructive feedback, personal reflection, and theory to enhance mental health and addictions practice augmenting agency and classroom learning.	1 (EP 2.1.1)
3	Demonstrate professional demeanor in oral and written communication that reflects awareness of and respect for those who struggle with mental health and addictions.	1 (EP 2.1.1)
4	Employ current models of ethical decision making to inform practice as practitioners challenge their own personal beliefs and values.	2 (EP 2.1.2)
5	Actively engage in professional consultation.	1 (EP 2.1.1)
6	Consider cultural context and employ a strengths perspective in analyzing and implementing ethical decision-making.	2 (EP 2.1.2)
7	Identify, evaluate, and select effective culturally sensitive theory and evidence-based intervention strategies for individuals, couples, families, and groups affected by mental health or addictions issues.	3 (EP 2.1.3)
8	Design, apply, and evaluate research informed mental health and addictions practices in assessment, interventions, and evaluations procedures.	6 (EP 2.1.6)
9	Maintain ongoing evaluation of the progress and efficacy for the change effort/intervention.	6 (EP 2.1.6)
10	Synthesize intrapersonal, social, and environmental issues and risk factors into theory-informed assessment, intervention and evaluation of mental health and addictions services for individuals and families.	7 (EP 2.1.7)
11	Understand the impact of systemic cultural influences (e.g. generational poverty) on the development and maintenance of mental health and addictions.	4 (EP 2.1.4)
12	Recognize personal, professional, social, and cultural mores and reduce bias that leads to disproportionate diagnosing within specific populations/class and ensuing impact on practice, policy, organizational culture and program development.	4 (EP 2.1.4)
13	Analyze policies and practices at the macro and mezzo levels that promote or hinder social and economic justice in order to facilitate the provision of mental health and addictions services that ensure the protection of basic human rights and equal access to care.	5 (EP 2.1.5)
14	Understand the forms and mechanisms of oppression and discrimination and advocate for the reduction of stigma for all individuals and families who struggle with mental health and addictions.	5 (EP 2.1.5)

15	Assess current agency, locality, state, and national policies for intervention efficacy.	8 (EP 2.1.8)
16	Analyze current policy and articulate well-reasoned suggestions to improve agency effectiveness.	8 (EP 2.1.8)
17	Intervene at micro, mezzo and macro levels to improve services and policies that affect client populations.	9 EP (2.1.9)
18	Define regional contexts that affect individuals and families who struggle with mental health and addictions.	9 EP (2.1.9)
19	Provide leadership and apply knowledge in advocating for sustainable organization change in order to meet mutable client needs.	8 (EP 2.1.8)
20	Engagement: Preview pertinent information across system levels prior to meeting with the client, engaging in an affective self-centering process.	10 (EP 2.1.10a)
21	Engagement: Utilize advanced empathy as well as supportive confrontation, in the interview and engagement process.	10 (EP 2.1.10a)
22	Engagement: Apply the Stages of Change Model and Motivational Interviewing Techniques in work with clients affected by addictive disorders and other mental health concerns, while reframing the dynamics of client resistance as well as other defense mechanisms present.	10 (EP 2.1.10a)
23	Assessment: Utilize advanced assessment skills when preparing for intervention where appropriate for identifying family dynamics, mental health status, and addiction with clients affected by addiction disorders and other mental health issues.	10 (EP 2.1.10b)
24	Assessment: Develop contracts (treatment plans) utilizing a strengths informed, DSM-IV-TR axis assessment that accurately reflect the concerns and goals of the client (client-centered).	10 (EP 2.1.10b)
25	Intervention: Identify, evaluate, and select effective culturally sensitive theory and evidence-based intervention strategies for individuals, couples, families, and groups affected by mental health or addictions issues.	10 (EP 2.1.10c)
26	Intervention: Advocate and intervene for clients in situations where the social environment is known to foster or exacerbate addiction based behavior or other mental health issues.	10 (EP 2.1.10c)
27	Intervention: Implement evidence based interventions (for example, CBT, Motivational Interviewing, recovery management).	10 (EP 2.1.10c)
28	Intervention: Facilitate transitions and terminations through the use of culturally sensitive best practices as well as the use of clinical supervision.	10 (EP 2.1.10c)
29	Evaluation: Utilize evidence-based criteria as a process to implement single-system design research in an effort to guide and evaluate professional intervention.	10 (EP 2.1.10d)
30	Evaluation: Evaluate outcomes within the context of chronic mental health and addiction recovery.	10 (EP 2.1.10d)