SWK-D677 Foundations of e-Social Work Practice (3 cr.)

Course Information

Semester Year: Term and year
Section Number: XXXXX
Location: XXXXX
Day: XXXXX
Time: XXXXX
Instructor: XXXXX XXXXXXXXX
Office: XXXX
Email: XXXX
Phone: xxxxx
Office Hours: xxxxxxxxxxx

Course Description

This course provides an overview of telebehavioral health practice delivery and its role in the field of social work. The course outlines various desktop computing and mobile technologies that are used to mediate social work practice activities. Populations that are currently receiving telebehavioral health services and the types of services being delivered will be reviewed, as well as the strengths and limitations of these services. In addition to a focus on individual and group-based services, examination will include how and why telebehavioral health develops within organizations and how organizations can evaluate the effectiveness of the telebehavioral health services being provided.

Use of technology to deliver social work practice activities poses a range of ethical, legal, privacy and other risk-management issues. The course will examine how social workers can respond to these issues to protect their clients and practice ethically. This will include the production of a practice model that includes a plan for managing privacy, information security and mediating social presence through technology in telebehavioral health practice.

Course Objectives

D677-01 Introduce and examine the history and evolution and impact of technology-mediated behavioral health delivery and telebehavioral health social work practice
D677-02 Analyze the linkages between individual therapeutic style, preferences for online communication for practice, client preferences and technology confidence
D677-03 Apply social work ethics and values to ethical dilemmas related to telebehavioral health in social work practice
D677-04 Explore issues of state licensure, federal and state regulations, reimbursement, and liability in telebehavioral health social work practice
D677-05 Evaluate best practices for technology-mediated social work practice with individuals
D677-06 Examine the role of technology and family level of need in practice with families
D677-07 Examine the strengths and limitations of technology-mediated group practice
D677-08 Identify the key components that are necessary for an agency, organization and/or community to assess its readiness and ability to incorporate a telebehavioral health program or telebehavioral health services
D677-09 Identify an example of telebehavioral health application in your area of practice or organization and describe relevant development activities that must occur for delivery in your agency or an agency where you would like to work
D677-10 Design a plan of action that an organization, agency or community could use to advocate for telebehavioral health services within your state or country of residence

Required Texts

Resources
- Canvas email will also be used a way to communicate between instructor and students. You are expected to check the course announcements on Canvas before each class.
- Additional readings will be assigned throughout the semester and be posted on Canvas (Resource tab).

Course Outline

Module 1: What is Telebehavioral Health?
Weeks 1 and 2

*Overview*
A. This module provides an orientation to Information and Communication Technology (ICT) and telebehavioral health.

*Assignments*
*Readings*

*Group Assignment*
1. Discussion: Preferred Helping Style and Technology

*Individual Assignments*
1. Video Assignment: Self-Assessment and Course Goals
2. M1 Quiz

Module 2: What are the Ethical Considerations of Telebehavioral Practice?
Weeks 3 and 4

*Overview*
A. This module focuses on social workers’ ethical obligations with regard to telebehavioral practice.

*Assignments*
*Readings*


**Group Assignment**
1. Discussion: Social Media and Ethics

**Individual Assignment**
1. M2 Quiz

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**Module 3: How Do I Practice Legally?**

**Weeks 5 and 6**

**Overview**
A. This module provides an overview of the challenges of federal and state regulation for telebehavioral health in the constantly evolving environment of information and communication technology.

**Assignments**

**Readings**


**Individual Assignments**
1. Application: My State’s Online Practice Regulations
2. M3 Quiz

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**Module 4: Telebehavioral Social Work Practice with Individuals**

**Weeks 7 and 8**

**Overview**
A. This module focuses on telebehavioral social work practice with individuals.

**Assignments**

**Readings**


**Individual Assignments**

1. Create Your Practice Protocol
2. M4 Quiz

**Module 5: Telebehavioral Social Work Practice with Groups and Families**

**Weeks 9 and 10**

**Overview**

A. This module focuses on telebehavioral social work practice with groups and families.

**Assignments**

**Readings**


**Group Assignment**

1. Discussion: Mobile Health Apps

**Individual Assignments**

1. Video Assignment: Family Technology Assessment

2. M5 Quiz

**Module 6: How Do We Work with Agencies, Organizations, and Communities?**

**Weeks 11 and 12**

**Overview**

A. This module focuses on telebehavioral social work practice with agencies, organizations, and communities.

**Assignments**

**Readings**


2. Ten Critical Steps for a Successful Telemedicine Program (pp. 1-10) (Canvas).
3. United States Department of Health and Human Services Health Resources and Services Administration (pp. 1-32) (Canvas).

**Group Assignment**
1. Discussion: Advocacy for Service Provision

**Individual Assignments**
1. Application: Organizational Development
2. M6 Quiz

**Module 7: What is the Future of Telebehavioral Social Work?**

**Weeks 13 and 14**

**Overview**
A. This module focuses on future uses of technology in social work practice.

**Assignments**

**Readings**

**Individual Assignments**
1. Self-Efficacy and Your Adoption of Technology
2. Five Categories of Adopters and the Three Groups
3. The Future

**Group Assignment**
1. Mock Simulation: Role Play TBH Session

**Assignments and Grading**
More specific instructions for each assignment will be posted on Canvas. Instructor also will discuss details or answer any questions related to assignment during the class and office hours.

All assignments should be produced on a wordprocessor (or typed), double spaced, with one-inch margins on all sides, carefully edited and proofed, using no smaller than a 12 point font, and conforming to APA style (6th ed.)

**Assignments**
1. Discussion: Preferred Helping Style and Technology (Group Assignment)
   a. DUE: .........................................TBD
2. **Video Assignment: Self-Assessment and Course Goals (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................10 pts.

3. **M1 Quiz (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................5 pts.

4. **Discussion: Social Media and Ethics (Group Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................10 pts.

5. **M2 Quiz (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................5 pts.

6. **Application: My State’s Online Practice Regulations (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................10 pts.

7. **M3 Quiz (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................5 pts.

8. **Create Your Practice Protocol (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................10 pts.

9. **M4 Quiz (Individual Assignment)**
   a. DUE: .................................TBD
   b. Points: ...............................5 pts.

10. **Discussion: Mobile Health Apps (Group Assignment)**
    a. DUE: .................................TBD
    b. Points: ...............................10 pts.

11. **Video Assignment: Family Technology Assessment (Individual Assignment)**
    a. DUE: .................................TBD
    b. Points: ...............................10 pts.

12. **M5 Quiz (Individual Assignment)**
    a. DUE: .................................TBD
b. Points: ....................................5 pts.

13. Application: Organizational Development (Individual Assignment)
   a. DUE: .....................................TBD
   b. Points: ....................................20 pts.

14. M6 Quiz (Individual Assignment)
   a. DUE: .....................................TBD
   b. Points: ....................................5 pts.

15. Self-Efficacy and Your Adoption of Technology (Individual Assignment)
   a. DUE: .....................................TBD
   b. Points: ....................................5 pts.

16. Five Categories of Adopters and the Three Groups (Individual Assignment)
   a. DUE: .....................................TBD
   b. Points: ...................................10 pts.

17. The Future (Individual Assignment)
   a. DUE: .....................................TBD
   b. Points: ....................................20 pts.

18. Mock Simulation: Role Play TBH Session (Group Assignment)
   a. DUE: .....................................TBD
   b. Points: ....................................30 pts.

Grading Standards
Papers are graded on the quality of the final product not on the effort you extended completing them. The grade of A is reserved for truly outstanding work that goes beyond basic requirements.

In the Indiana University School of Social Work MSW program, grades of B are the expected norm. Reflecting competency and proficiency, grades of B reflect good or high quality work typical of graduate students in professional schools. Indeed, professors typically evaluate students’ work in such a way that B is the average grade. Grades in both the A and the C range are relatively uncommon and reflect work that is significantly superior to or significantly inferior, respectively, to the average, high quality, professional work conducted by most IU MSW students. Because of this approach to grading, students who routinely earned A grades in their undergraduate studies may conclude that a B grade reflects a decrease in their academic performance. Such is not the case. Grades of B in the IU MSW program reflect the average, highly competent, proficient quality of our students. In a sense, a B grade in graduate school is analogous to an A grade in undergraduate studies. MSW students must work extremely hard to achieve a B grade. If you are fortunate enough receive a B, prize it as evidence of the professional quality of your work.

Grades of A reflect Excellence. Excellent scholarly products and academic or professional performances are substantially superior to the “good,” “the high quality,” “the competent,” or the “satisfactory.” They are unusual, exceptional, and extraordinary. Criteria for assignments are not only met, they are exceeded
by a significant margin. Excellence is a rare phenomenon. As a result, relatively few MSW students earn A grades.

Grades of B signify good or high quality scholarly products and academic or professional performance. Grades in the B range reflect work expected of a conscientious graduate student in a professional program. Criteria for assignments are met in a competent, thoughtful, and professional manner. However, the criteria are not exceeded and the quality is not substantially superior to other good quality products or performances. There is a clear distinction between the good and the excellent. We expect that most MSW students will earn grades in the B range—reflecting the good or high quality work expected of competent future helping professionals.

Grades of C and C+ signify work that is marginal in nature. The scholarly products or professional performances meet many but not all of the expected criteria. The work approaches but does not quite meet the standards of quality expected of a graduate student in a professional school. Satisfactory in many respects, its quality is not consistently so and cannot be considered of good or high quality. We anticipate that a minority of MSW students will earn C and C+ grades.

Grades of C- and lower reflect work that is unsatisfactory. The products or performances do not meet several, many, or most of the criteria. The work fails to approach the standards of quality expected of a graduate student and a future MSW-level professional. We anticipate that a small percentage of MSW students will earn unsatisfactory grades of C-, D, and F.

**Grading scale**

Grade minimums are as follows [Note: grades below C are Unsatisfactory in the MSW Program]:

- **A** 93% Excellent, Exceptional Quality
- **A-** 90% Superior Quality
- **B+** 87% Very Good, Slightly Higher Quality
- **B** 83% Good, High Quality (expected of most MSW students)
- **B-** 80% Satisfactory Quality
- **C+** 77% Marginal, Modestly Acceptable Quality
- **C** 73% Marginal, Minimally Acceptable Quality
- **C-** 70% Unsatisfactory Quality

**Course Policies**

**Assignment**

Students are expected to submit all assignments on time. If you need to extend a deadline you MUST speak to me in advance of the due date to get an approval and an agreement will be reached. Late submission (except by prior agreement) will be marked down 5% per day late. IU has a subscription with the Turnitin plagiarism detection service, and faculty members have the right to submit student papers to the service to check for originality. Turnitin.com service will be used for all student papers in this course.
Attendance and participation

Students are expected to attend and participate in all class sessions. Students should complete readings and homework as assigned and come to class prepared for discussion and questions. Because of the nature of this course and group assignments, regular attendance is required and extremely important. Class attendance and active participation in class activities are considered essential for the satisfactory completion of the course objectives. If you are absent, it is your responsibility to get notes from other students regarding materials covered during your absence. If you are absent on the day when an assignment is due, you need to submit your assignment before the beginning of the class. Missing more than 2 of the scheduled classes will result in a letter-grade deduction for the course. Late arrivals and early departures will also lead to course point deductions. It’s up to instructor’s discretion to decide the deduction points. If you miss five or more classes you will fail the course.
Bibliography


